

GYROKINESIS® CLASSES

THURSDAYS STARTING FEBRUARY 1, 2018

THIS WILL BE A WEEKLY CASUAL CLASS

10:30AM-12:00PM

AT

GYROTONIC® MELBOURNE ENERGY KINETICS® STUDIO

STUDIO A 2 PERCY STREET
PRAHRAN, 3181 VIC



**LEARN TO MOVE WITH FLUIDITY, FOCUS ON YOUR
BREATH, AND FEEL HOW YOU CAN COORDINATE
YOUR BODY AS A WHOLE.**

**COME EXPERIENCE THIS INVIGORATING FORMAT
WITH CERTIFIED LEVEL 1 INSTRUCTOR KATJA POVSE
BOOKINGS ESSENTIAL**

**A MAXIMUM OF 7 SPACES WILL BE AVAILABLE FOR
THESE CLASSES.**

COST \$25.00 PER CLASS

**PLEASE CALL 9533-8400 TO RESERVE YOUR SPACE
FOR MORE INFORMATION ON GYROKINESIS® log on to our website**

www.gyrotonicmelbourne.com.au

