

Energy Kinetics® Instructor Training
WILL CONDUCT A
GYROKINESIS® FOUNDATION TRAINING
APRIL 7-16, 2019
WITH
SPECIALIZED MASTER TRAINER DANA RADER
AT
GYROTONIC® Melbourne
Studio A 2 Percy Street
Pahran 3181 VIC
0395338400



This foundation training course is conducted over 10 days, including one break day and will consist of approximately 5 hours of instruction per day.

This course introduces teaching techniques and the principals underlying The methodology of **GYROKINESIS®** Level I. In this course the student will learn to conduct two full **GYROKINESIS® 2015** class formats. The students will practice in small groups to teach each other the learned information with regards to verbal instruction as well as physical hand cues.

This course concludes with the participants teaching both **GYROKINESIS®** class formats to each other focusing on breath, rhythm and corresponding movement. Upon successful completion of the course the student will be a licensed **GYROKINESIS®** apprentice and will receive a certificate of apprenticeship.

PREREQUISITE:

GYROKINESIS® PRE-TRAINING COURSE, must have a valid qualification form signed by your pre trainer and **GYROTONIC®** headquarters to be presented on the first day of the course. Please note a confidentiality agreement and trademark license agreement are required to be signed on the first day of the course in order to participate.

Course cost will be \$1350.00 AUD, inclusive of studio fee. A 50% nonrefundable deposit will be required by February 28, 2019, balance payment due first day of the course April 7, 2019.

For further information regarding this training please contact Dana Rader at Energy Kinetics or dana@energykinetics.com.au

Dana Rader is the director of **GYROTONIC® Melbourne**, and Energy Kinetics® Instructor Training in Melbourne, Australia. Dana is a Specialized **GYROTONIC® level 1 & level 2, Specialized GYROKINESIS® GYROTONER™, Jumping Stretching Board and Leg Extension** International Master Trainer.

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