

**ENERGY KINETICS®**  
**INSTRUCTOR TRAINING**  
**IS OFFERING THE**  
**GYROTONIC®**  
**FOUNDATION TEACHER TRAINING**  
**WITH SPECIALIZED MASTER TRAINER DANA RADER**  
**JULY 1-13, 2019**

**AT**  
**GYROTONIC® Melbourne**  
Studio A  
2 Percy Street  
Prahran, VIC 3181 Australia  
Telephone: 61395338400



- This course introduces teaching techniques and principals underlying the exercises taught on the Pulley-Tower Combination Unit.
- Students learn in supervised groups taking the role of student and teacher alternately to facilitate the learning process. The methodology is taught through visual, verbal and kinesthetic instruction. Focus is also placed on correct execution of breathing patterns synchronized with the corresponding movement.
- Special attention will be paid to the physical guidance by the Student to a moving person.
- Participants learn to conceive and prepare individual **GYROTONIC®** training programs.
- A certificate of apprenticeship signed by Juliu Horvath only, will be issued upon **SUCCESSFUL** completion of the course allowing Students to begin teaching.

**The cost for this course will be \$2000.00 AUD including studio fee. A 50% deposit will be required by May 10, 2019 the balance due on the first day of the course.**

**Deposits are non-refundable after May 10, 2019.**

**Online registration for the course can be completed at:**

**<https://gyrotonicmelbourne.com.au/instructor-training/registration-page>**

**For further information regarding this training please contact Dana Rader at**

**GYROTONIC® Melbourne 0395338400 or [dana@energykinetics.com.au](mailto:dana@energykinetics.com.au)**

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